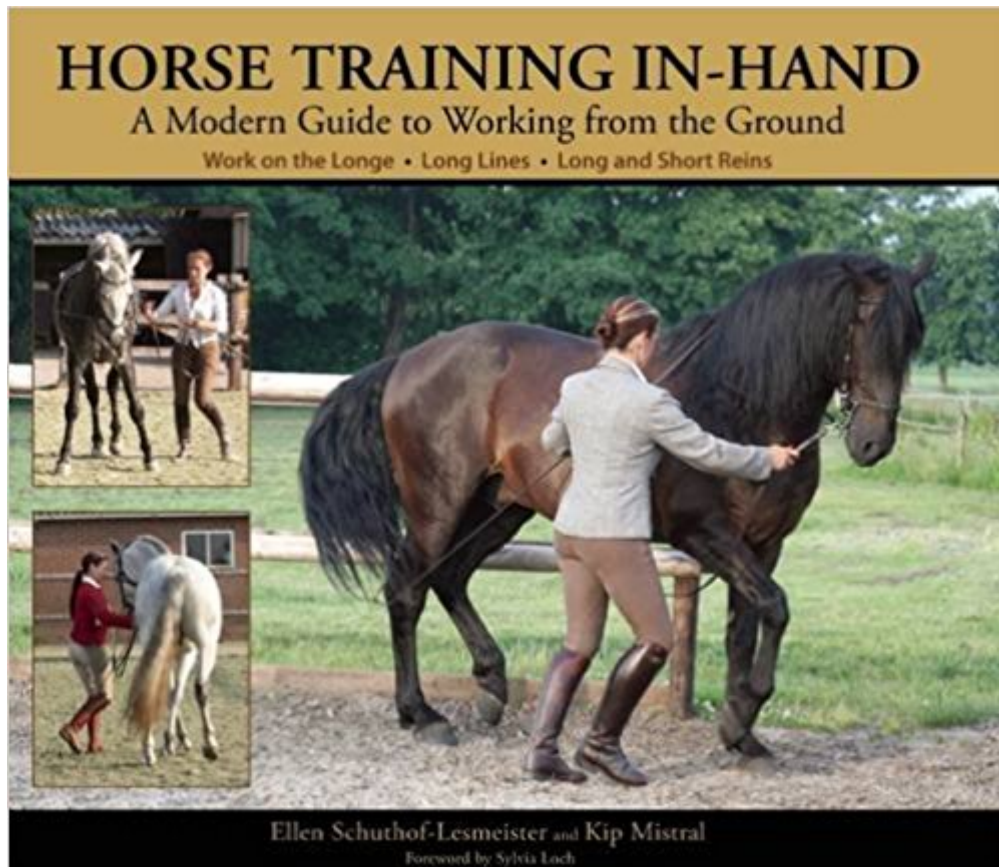




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Horse Training In-Hand: A Modern Guide To Working From The Ground



Synopsis

Working the horse from the ground—schooling "in-hand" as it has been known for centuries—has long been an integral part of classical horse training. Now, this gorgeously illustrated book explains in clear, step-by-step lessons how the modern-day horse owner can incorporate classical groundwork in her daily interactions with her equine partner—to both their benefit and enjoyment. Whether schooling green or young horses; retraining problem horses or those with poor foundations; warming-up advanced mounts prior to workouts; confirming lateral movements on the ground before attempting them on horseback; or supplementing everyday under-saddle exercises, work in-hand provides a wonderful way to advance the horse's education, as well as the standard of communication between horse and handler. Its gradual progression of work on the longe, double-longe, long lines, short reins, and long reins is the perfect addition to the training program that has grown a little stale or boring; the manageable solution to countless problems that commonly arise in daily work with horses; and by definition, an equestrian art form unto itself. With over 100 color photographs—including many detailed series shots—to demonstrate correct body positioning, and meticulously hand-drawn illustrations to guide you through the often-confusing land of lateral work, Horse Training In-Hand is the first book ever to help shed classical groundwork's mystique while conscientiously preserving its magic. Find out for yourself how schooling in-hand can give your training program a brand new look and feel, forever transforming "workouts" and "schooling sessions" into artistic endeavors that yield breathtaking results.

Book Information

Hardcover: 204 pages

Publisher: Trafalgar Square Books; 1 edition (April 1, 2009)

Language: English

ISBN-10: 1570764093

ISBN-13: 978-1570764097

Product Dimensions: 10 x 0.7 x 9 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 64 customer reviews

Best Sellers Rank: #128,228 in Books (See Top 100 in Books) #3 in Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Showing & Training #92 in Books > Sports & Outdoors > Individual Sports > Horses > Equestrian #93 in Books > Crafts, Hobbies & Home >

Customer Reviews

"Fundamental theory is outlined in accessible terms so that the reader understands the 'whys' as well as the 'hows.' From leg-yield to piaffe, the authors guide the reader through a solid primer in classical methodology." – Sherry Ackerman, author, *Dressage in the Fourth Dimension*
"Without any question one of the best guide books that I read about proper ground work." – Walter A. Zettl, author, *The Circle of Trust*
"This book shows how schooling in-hand can improve not only the horse's movement, but also communication between horse and human. . . . A great book for learning the importance of groundwork!" – Horsemen's Yankee Pedlar
"Now this gorgeously illustrated book brings new life to these time-tested techniques, showing how schooling in-hand can improve the horse's straightness, suppleness, balance, collection, and understanding of the aids." – Northwest Rider

Ellen Schuthof-Lesmeister owns and operates a horse training facility in the countryside near Amsterdam. She has had extensive formal training in jumping and dressage and currently studies with Portuguese masters Francisco Bessa de Carvalho and Pedro Baptista de Almeida. Kip Mistral is an equestrian journalist who has contributed more than 75 articles to equine publications. She lives in Pine Valley, California.

Of the 300 plus horse books in my collection, I rank *Horse Training In-Hand* in the top 15. While I admire Hinrichs' *Schooling Horses in Hand: A Means of Suppling and Collection* and Dietz's *Training the Horse in Hand: The Classical Iberian Principles*, I prefer this work by Schuthof-Lesmeister and Mistral because of its detailed step-by-step layout and the clarity of the instructions, something quite rare in dressage books. Accompanying the lesson plans are precise photographic and sketch illustrations with captions providing still more detail. While *Horse Training In-Hand* defines important terms, it is not for the total neophyte. However, for those who have a basic knowledge of classical dressage and those who can also judge how a horse moves, this book is a gem.

Not just a coffee table book. Good description, explanation, logical progression of training methods. Photos are great illustration.

Great book - learning lots

My Aunt wanted this for her birthday. She has 2 horses and was told this is an excellent book to read. She has found it entertaining, interesting and very useful. I am thankful we found it here as we could not locate this book locally. This is a great book for anyone who has interests in horses.

This is the BEST! Very easy to understand and go out to apply. I have bought approximately 20 horse books in the last 2 years. I work in a library so researched many before purchasing and still found disappointment. This book will not disappoint. I have DVD's by top trainers but they do not explain it for my novice understandings. I know I will be consulting this book as long as I have horses. I re-discovered the great therapy horses can be after being away from them for 35 years. This book has helped me tremendously.

I always like to increase my knowledge. I found the book interesting and the pictures were quite good. Some of the techniques require proficiency and timing as do all the aids that might be a little difficult for novices, but it is well worth the money as an addition to my library.

I am training a young mule who is athletic and smart. This hand-in training was recommended by a gentleman who has been assisting us. The training guidelines in this book have been very helpful since training in-hand can be challenging.

Read it!Memorize it!Before you do anything else!Classical ground training, recognized for centuries! No matter what your goals, how young or old you or your horse is!English or western. For fun or Dressage or Endurance. Everyone benefits!Classical training is a must for a healthy and safer experience.

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